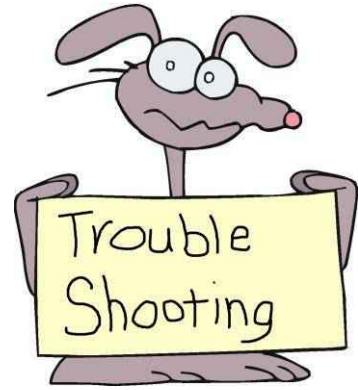


“DOWN”



Both Downs (roll and sphinx) may be used in everyday life or in many competition sports. Always use loads of rewards and games. Learn more about "Stays" in the section "Building Blocks the Steps to Success" listed under the "Classes" heading.

Reward often with treats or upward release games.

Roll Down

- *Your dog does not want to roll on his hip. Make sure he is healthy i.e. does not have hip or back issues. If all is ok, observe him in everyday life and see if he rolls on a certain side. If so, use that hip to have him roll on.*
- *Your dog keeps flipping his hip from one side to the other. Reward your dog away from the side you want him to roll on. For example, if you want him to roll on his left hip, place the treats to his right side near his front right leg.*

Sphinx Down

- Your dog doesn't want to go down. Be persistent. Show him the treat and slowly put your hand on the ground and then turn your hand upside down. Huge reward when he does go down.
- While training your dog starts to lose interest. Release after ever repetition with a fun game such as Jump to Hand or the Get It Game.