

Downs

Training Reminders:

- Hold one treat in your right hand
- For the Sphinx, your dog's front end should hit the ground first.
- For the Roll, your dog's hip should be rolled toward you.
- Wean off bending down and luring as soon as possible.
- Wean off any lures.
- Make downs fun for your dog by rewarding with games and energizing releases.

Training Log

Mon	Tues	Wed	Thur	Fri

Check off each day you work on the Downs.

Make an "X" when you trained.

Make an "S" for success.

Make an "I" for improvement.

Make an "P" for progression.